DAY CASE SURGERY INSTRUCTIONS FOR THE DAY OF YOUR PROCEDURE

THE COOMBE WOMEN & INFANTS UNIVERSITY HOSPITAL

- 1. Please report the Admission Office on the ground floor between 07:00 07:20 am on the morning of your surgery.
- 2. Please FAST from midnight the night before admission. This means no food or drink other than clear water which you may drink up to 6:30a.m.
- 3. If you are taking any medication (tablets or inhalers), please bring them with you, in their original packaging from your pharmacy. Please bring a list of your medications from your pharmacist or GP.
- 4. Please remember the date of your last menstrual period (LMP). You don't need to remember this date if you are over 50 years old and your periods have stopped for more than 1 year.
- 5. No make-up or nail varnish or shellac nails to be worn.
- 6. Leave ALL jewellery and valuables at home. The hospital cannot accept liability for any lost possessions
- 7. Bring a nightdress (not pyjamas), spare underwear, sanitary towels, dressing gown and slippers, as you will walk to theatre.
- 8. You should not drive or fly for 24 hours after an anaesthetic.
- 9. Your support person must be available to collect you from 2pm following your surgery and can phone you on your mobile or call the ward on TEL: 01.4085271 to confirm collection time.
- 10. You should have a support person ready to escort you home when the time comes and an adult should remain with you at home overnight.
- 11. Patients under 16 must be accompanied by a parent or guardian who will sign the consent for the procedure
- 12. Time of the operation varies, depending on the demands on the theatre that day. We will do our best to keep you informed throughout the day.
- 13. Discharge time will be decided depending on the time you go to theatre, what procedure you are having and how quickly you recover.
- 14. If you are unfit for discharge you will be remain overnight in St. Gerard's Ward, Telephone: 01 408 5271.
- 15.If you have any problems following discharge you should contact the hospital on Telephone: 01 408 5200 or contact your G.P

Car Park Charges:

Drop off within 15 minutes of arrival - No charge 15 minute- 4 hours - €2.50 (flat fee) Every additional hour (or part there of) - €5.00

