

## Day Case Surgery

### Instructions for the day of your procedure

1. Please report the Admission Office on the ground floor between **07:00 – 07:20 am** on the morning of your surgery
2. Please **FAST** from midnight the night before admission. **This means no food or drink** other than clear water, which you may drink up to 6:30a.m
3. If you are taking any medication (tablets or inhalers), please bring them with you, in their original packaging from your pharmacy. Please bring a list of your medications from your pharmacist or GP
4. Please remember the date of your last menstrual period (LMP). You don't need to remember this date if you are over 50 years old and your periods have stopped for more than 1 year
5. No make-up or nail varnish or shellac nails to be worn
6. Leave ALL jewellery and valuables at home. The hospital cannot accept liability for any lost possessions
7. Bring a nightdress (**not pyjamas**), spare panties, sanitary towels, dressing gown and slippers, as you will walk to theatre
8. You should not drive or fly for 24hours after an anaesthetic
9. Your support person must be available to collect you from **2pm** following your surgery and can phone you on your mobile or call the ward on **TEL: 01.4085267** to confirm collection time
10. You should have a support person ready to escort you home when the time comes and an adult should remain with you at home overnight
- 10 Patients under 16 must be accompanied by a parent or guardian who will sign the consent for the procedure
- 11 Time of the operation varies, depending on the demands on the theatre that day. We will do our best to keep you informed throughout the day

12 Discharge time will be decided depending on the time you go to theatre, what procedure you are having and how quickly you recover

13 If you are unfit for discharge you will be admitted to St. Gerard's Ward  
**TEL: 01.4085271**

15 If you have any problems following discharge you should contact the hospital on **TEL: 01.4085200** or your G.P

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