

Patient Information: Prolapse of the womb and vagina

Prolapse of the womb and vagina may occur together or separately; prolapse of the vagina may occur after hysterectomy also. Childbirth and menopause are risk factors for the development of prolapse. Symptoms of prolapse include:

- A sensation of something coming down in the vagina or a lump in the vagina (usually worse at the end of the day; may need to be pushed back)
- A dragging sensation in the pelvis
- Alteration of bladder function (incontinence, emptying difficulty)
- Alteration of bowel function (other causes may need to be excluded)

Treatments of prolapse include

- Physiotherapy (for mild prolapse)
- Pessaries (plastic devices inserted into the vagina to provide support)
- Surgery

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