

Patient Information: Cystoscopy

Cystoscopy is a procedure in which a small telescope is inserted into the bladder in order to visualise its interior

- In majority of cases, cystoscopy is performed under local anaesthesia as a day case procedure in theatre
- Usually there is no necessity to fast prior to admission.
- If intravenous sedation or general anaesthesia is used, the patient will be required to fast from 12 midnight prior to admission
- There is a small risk of urinary infection after cystoscopy; antibiotics are given to minimise this risk
- Other complications of cystoscopy include blood in the urine (unusual) and damage to the bladder (rare)
- Patients are advised to attend their general practitioner or the hospital if they have symptoms suggestive of infection (pain passing urine, lower abdominal pain or backache, fever)

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