

## **Inpatient Surgery**

### **Instructions for your hospital stay**

1. Please report to the Admissions Office on the ground floor between **08:00 - 08:20 am** on the morning of your surgery
2. Please **FAST** from midnight the night before admission. **This means no food or drink** other than clear water which you may drink up to 6:30a.m
3. If you are taking any medication (tablets or inhalers), please bring them with you in their original packaging from your pharmacy. Please bring a list of your medications from your pharmacist or GP
4. Patients under 16 must be accompanied by a parent or guardian who will sign the consent for the procedure
5. You will be admitted to St. Gerard's ward on the 4<sup>th</sup> floor TEL: **01.408 5630**
6. Please remember the date of your last menstrual period (LMP). You don't need to remember this date if you are over 50 years old and your periods have stopped for more than 1 year
7. No make-up or nail varnish or shellac nails to be worn
8. Leave ALL jewellery and valuables at home. The hospital cannot accept liability for any lost possessions
9. Bring a nightdress (**not pyjamas**), spare panties, sanitary towel, dressing gown and slippers, as you will walk to theatre
10. You will also need your wash bag, toiletries, change of nightwear and towels for the remainder of your stay in hospital
11. The time of your operation may vary, depending on the demands on the theatre that day. We will do our best to keep you informed throughout the day
12. Your day of discharge will be decided depending on the time you go to theatre, the type of operation you have and how quickly you recover
13. You should be ready to vacate your bed by **11:00am** on the morning of your discharge. You must have a support person ready to escort you home when the time comes
14. If you have any problems following discharge you should contact the hospital on 01.4085200 or your G.P

#### **Car Park Charges:**

Drop off within 15 minutes of arrival - No charge

15 minute- 4 hours - €2.50 (flat fee)

Every additional hour (or part thereof) - €5.00